

## **U5 games for the Fall will start September 8<sup>th</sup>.**

### **U5 Boys and Girls rules and information**

The games will start on September 8<sup>th</sup> and go for 7 weeks, our last game for the first half of the season is on October 20<sup>th</sup>. The second half of the season with an additional 7 games will start again in the spring of 2013.

The uniforms are provided and will be handed out before the first game. Please arrive early for the first game, you will need to obtain a uniform and allow time for your child to change. Please also remember shin guards and a size 3 soccer ball. Please keep in mind for player safety AYSO does not allow ear rings or metal hair clips during practice or game play, they have led to player injuries.

The U5 division is played in a jamboree method of soccer. All of the games will be played on Field 3 next to the concession stand. The boys game will start at 10:30 and the girls will start at 10:45 on Saturday morning. They have a staggered start to allow time to get players on the field. The coach in charge will organize the other coaches and have the fields set up prior to 10:30. The coach in charge could use help with this task, if this is something that you could help with please contact us at [aysoregion74@att.net](mailto:aysoregion74@att.net).

Once the fields are set up and assistant coaches are set, the boys and girls will be divided up into groups of 4-6 and each assistant coach will take a group and work with them in certain skills and drills which have been determined by the lead coach. They will work on these skills for about 20 minutes with several water breaks during this time. At about 11:00 for the boys and 11:15 for the girls the players will be broken into groups of 4.

On each field the players will play a game 3 vs. 3. Each week the groups of players playing together will change.

The games of 3 on 3 will be played for about 20-25 minutes with plenty of water breaks.

At the end of the game (around 11:30 for boys and 11:45 for girls) all of the nets and cones need to be picked up. Please consider helping out with this task.

If you would like to be one of the coaches we ask you to show up to the complex about 10:00 to help set up the fields and be ready to roll by 10:30.

Games are played girls vs girls and boys vs boys

We do ask that once in the fall and once in the spring the U5 parents help out in the concession stand. You must be 14 or over to work in the concession stand.

You would work from about 10:15 to about 12:15

The uniform given to each player will consist of shirt, shorts, and socks. The only other thing that is a must are shin guards. Each player must wear shin guards when playing soccer. Cleats or regular tennis shoes are fine to play in.

If you have any questions please contact us through our web site or call us at 303-0558